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PRAYER FOR USE AT WORKING PARTIES.

MOST Gracious God, by whose only gift it cometh that we Thy people do unto Thee true and faithful service: we Thy servants entirely desire Thy Fatherly goodness most mercifully to accept the labour of our hands for the benefit of those who do business in great waters.

May the blood of Jesus Christ, Thy Son, cleanse us and our actions from all sin; and may the love of Christ constrain us in every holy endeavour.

Pour out, we earnestly beseech Thee, Thy Holy Spirit upon all who are labouring in connection with the Royal National Mission to Deep Sea Fishermen. We praise Thee for what Thou hast wrought for numbers of precious souls won to Christ, for many rescued from the evils of strong drink, for all that has been done in relieving suffering, and in distributing sound literature on the North Sea, and elsewhere; and we praise Thee for Fishers' homes made bright, and their wives and families happy by the entrance of Thy Word.

Continue to bless the work in every department more and more, and may all who go forth in the Mission and Hospital vessels be prospered in their labours of love and mercy.

Direct all the deliberations of the Council of the Mission, and raise up friends of the cause, who shall, by offering of their substance, their prayers, or themselves for the work, glorify Thy great Name, and share the rich blessedness of being fellow-labourers with Thee.

Again we humbly seek Thy gracious acceptance of ourselves, and of the articles of clothing and comfort, to prepare which Thy servants are here assembled.

We ask all for the worthiness of Thy Son, Jesus Christ our Lord. Amen.

PREFACE.

THE Directions given in this booklet are only intended as a general guide. It is impossible to publish separate sets of directions for tight, medium and loose knitters, and those herein given are for those who knit rather tightly; the measurements accompanying the illustrations of the various articles should, therefore, be carefully noted. Of course, half-an-inch either way is of no importance.

The knitted articles taken in order of usefulness and demand are, mufflers, steering gloves made in Alloa yarn or "Beehive" Double Knitting, sea-boot stockings, mittens, stout steering gloves, cuffs, Uhlan caps and helmets.

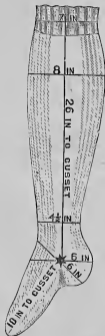
To those who experience difficulty in making Woollen Articles the Secretary will, on application, be pleased to send patterns.

1.—FISHERMEN'S SEA-BOOT STOCKINGS.

FOR these—the long, woollen stockings that are worn over the trousers within the sea boots, and are quite a needful part of the smackmen's working dress—the demand is, for a considerable portion of the year, greater than the supply. They are made as follows:—

Four needles, No. 9, $1\frac{1}{2}$ lb. yarn; the yarn is a special kind, unbleached white or grey, called sea-boot-stocking yarn, to be obtained of Messrs. Jevons and Mellor, of Corporation Street, Birmingham; Cox & Co., 99, New Oxford Street, W.; Whiteley, Ltd., Westbourne Grove, W.; Egerton Burnett, Wellington, Somerset; Wm. Tait & Co., 20, North Bridge, Edinburgh, and Bartons' Warehouses, Bristol, in two qualities. These firms also supply needles and gauges, as well as various other yarns.

Cast 22 stitches on each of 2 needles, 21 on the third and rib, 2 knit, 2 purl for 24 rounds, making the last stitch of each round a seam stitch. (The seam stitch is each round alternately knit and purled, so that it looks like a string of beads; it is carried throughout the entire length of the stocking, and is used to count by.) Now knit plain round and round, till you have 36 purl on the seam stitch, counting from the commencement of the stocking. (12 purl of this 36 being the ribbing.) Then begin the intakes thus: When you arrive at your 37th purl stitch, take 2 together on each side of it, then work on plain till you have done 3 more purl, and on the 4th take in again as before, and so on till you have done it 6 times. Now work on still in the same manner, only with 2 purl between the intakes instead of 3, till you have made in all 11 intakes. You will now have 43 stitches on the needles. Go on knitting till you have completed 9 purl after the intakes. Now begin the



SEA-BOOT STOCKING.

heel, thus : take 21 stitches on one needle having the seam stitch as the centre one. Work backwards and forwards on these stitches, 1 row knit, 1 purl, till you have done 8 purl on the seam stitch ; on the 9th purl take in 1 on each side of the seam, return row purl, next row take in again return row purl, take in once more, purl back 7 stitches ; double your pins together, wrong side out, and cast off, taking a stitch off each pin and knitting them together.

Next begin the foot, using the remaining 22 stitches, and taking up as many stitches as you can around the heel, making the seam stitch along the sole of the foot ; take in each side of the heel every other row, to form a gusset, until you have 4 1/2 stitches remaining ; knit on until you have done 20 purl of the seam stitch, counting from the first. Now begin to narrow the toe, but not this time on each side of the seam ; but, beginning with the needle on which are 22 stitches, you knit 2, then take 2 together, knit the remainder of the needle all but 4 stitches ; take two of these together and knit the others. Next needle knit 2, take 2 together, knit remainder ; third needle knit all but 4, take 2 together, knit remaining 2 stitches. Knit 5

rounds (*i.e.*, 2 purl stitches) plain, then take in as before, now 3 rounds plain, again take in, this time every other round, until 12 stitches remain; place these on two pins and cast off, as you did the heel.

Then, too, stockings of the ordinary three-ply "White Heather" quality fingering worsted are almost as valuable as those of the thick yarn, as there is not as much wear walking a smack's decks as there is ashore, and they could be, and are, worn under the trousers, while the thick ones have necessarily to be worn over them. It has not been thought necessary to publish special instructions for making the ordinary stockings, as most ladies prefer to work from their own directions.

2.—STEERING GLOVES.

These are made on the same principle as babies' gloves, and are most valuable for steering purposes. The bitter cold experienced in grasping the wheel or tiller through a bleak winter night may be more easily imagined than described. These steering mittens may be made in grey Alloa yarn or "Beehive" Double Knitting. The yarns are sold in 2 oz. "cuts" or skeins. Three "cuts" will make two pairs. The standard for measurement of the pins used is Walker's Bell Gauge. *The needle must pass through the openings of Nos. 12 and 13, not fit into the round part.* This is the shop standard of size.

YARN STEERING GLOVES.

With pins No. 13 cast on 52 stitches on 3 needles (16, 16, 20). Knit 36 rounds (2 plain, 2 purl).

Now change to pins No. 12, and knit 10 plain rounds; the larger needles give more room in the hand part; while it is desirable for the wrist to fit closely.

Knit the thumb thus:—

Round 1.—Knit 2, make 1, knit 2, make 1, knit to the end. (N.B.—To make a stitch, take up the loop that goes across a stitch and knit it).

Rounds 2 and 3.—Plain.

Round 4.—Knit 2, make 1, knit 4, make 1, knit to the end.

Rounds 5 and 6.—Plain.

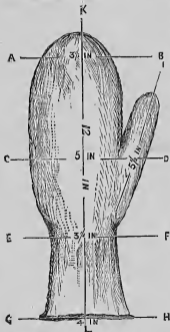
Round 7.—Knit 2, make 1, knit 6, make 1, knit to the end.

Rounds 8 and 9.—Plain.

Round 10.—Knit 2, make 1, knit 8, make 1, knit to the end.

Rounds 11 and 12.—Plain.

Round 13.—Knit 2, make 1, knit 10, make 1, knit to the end.



STEERING GLOVE. *Alloa Yarn* or "Beehive" Double Knitting.

Rounds 14 and 15.—Plain.

Round 16.—Knit 2, make 1, knit 12, make 1, knit to the end.

Rounds 17 and 18.—Plain.

Round 19.—Knit 2, make 1, knit 14, make 1, knit to the end.

Rounds 20 and 21.—Plain.

Round 22.—Knit 2, make 1, knit 16, make 1, knit to the end.

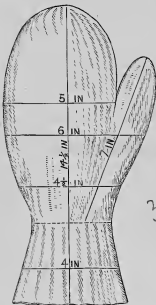
Rounds 23, 24 and 25.—Plain.

Round 26.—Knit 2, then slip off on piece of wool 18 stitches and cast on 5 more stitches on the needle on which you have 2 stitches already. Knit the rest of the round plain.

Knit 3 plain rounds. 30
Round 61.—Knit 2 together, knit 4, knit 2 together, knit 4. Do the rest of the round in this manner. You will then have 15 stitches on each pin.

Rounds 62, 63, 64, 65, 66 and 67.—Plain.

Round 68.—Knit 2 together at the beginning of each needle, knitting all the rest of the stitches plain.



STEERING GLOVE. (*Sea-boot*
Stocking-yarn, see page 9.)

4
Rounds 69, 70, 71, 72, 73, 74, 75 and 76—Plain.

Round 77.—Knit 2 together, and continue this throughout the round. This will leave seven stitches on each pin.

Round 78.—Plain.

Round 79.—Knit 2 together, and continue this throughout the round. Knit the odd stitch plain at the end of the round.

Round 80.—Plain.

Break off the wool, leaving an end 6 inches long, with which thread a coarse wool needle. On this needle slip off the stitches from the first pin, and draw the wool through them. Do this with the remaining stitches, and draw them up tightly, to close the glove. Run your wool round through the stitches a second time, then pass the needle to the inside of the glove, and fasten off by darning up and down 3 or 4 lines, as it ought to be made very secure.

For the thumb take up the 18 stitches from the bit of wool, and pick up 6 or 7 more in the gap left between the last stitch and the first. Knit these 24 or 25 stitches plain for 22 rounds.

Round 23. — Knit 2 together, and continue this throughout the round.

Rounds 24, 25 and 26.—Plain. Break off the wool, and close up as you did for the mitten itself, being very careful to fasten off securely.

STOUT STEERING GLOVES.

Needles and wool same as for Stockings. Half-pound yarn. No. 9 needles. Cast on 40 stitches (12, 12, 16). Rib 30 rounds, 2 purl, 2 plain, knit 10 rounds plain.

Round 11.—Knit 1, make 1, knit remainder of round.

Rounds 12 and 13.—Plain.

Round 14.—Knit 1, make 1, knit 1, make 1, knit remainder of round.

Rounds 15 and 16.—Plain.

Round 17.—Knit 1, make 1, knit 3, make 1, knit remainder.

Rounds 18 and 19.—Plain.

Round 20.—Knit 1, knit 5, make 1, knit remainder.

Rounds 21 and 22.—Plain.

Round 23.—Knit 1, make 1, knit 7, make 1, knit remainder.

Rounds 24 and 25.—Plain.

Round 26.—Knit 1, make 1, knit 9, make 1, knit remainder.

Rounds 27 and 28.—Plain.

Round 29.—Knit 1, take off 11 stitches on a piece of wool and tie them together; cast 6 stitches more on the needle on which you already have 1. 46 stitches in all.

Knit 20 plain rounds.

Round 50.—Knit 2 together, knit 4, repeat to end of round.

Rounds 51, 52, 53, 54, 55, 56.—Plain.

Round 57.—Knit 2 together at the beginning of each round, knitting all the rest of the stitches plain.

Rounds 58, 59, 60, 61, 62 and 63.—Plain.

Round 64.—Knit 2 together, and continue this throughout the round.

Round 65.—Plain.

Round 66.—Knit 2 together, and continue this throughout the round.

Round 67.—Plain.

Break off the wool, leaving an end 6 in. long, with which thread a coarse needle. On this needle slip off all the stitches, and draw them together tightly, to close the glove, run the wool round through the stitches a second time and fasten off securely. For the thumb, take up the 11 stitches from the bit of wool and take up 7 more to make 18 round the thumb. Knit 16 plain rounds.

Round 17.—Knit 2 together and continue this throughout the round.

Round 18.—Plain.

Round 19.—Knit 2 together at the beginning of each round, the rest plain. Fasten off in same manner as top of glove.

3.—WOOLLEN HELMETS.

Owing, perhaps, to their novelty, a great many friends commence working for the Society by making these articles and the Uhlan caps, and we are apt, on this account, to get rather more of them than we require for our North Sea work. The Labrador fishermen value the helmets equally with their North Sea brethren, and thus there is an ample output for them, but we shall be glad if friends will bear the hint in mind, and make some of the other things in preference to the helmets and Uhlan caps (*vide* paragraph 2 of Preface).



FRONT VIEW.



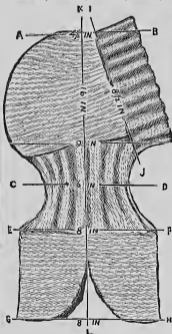
BACK VIEW.

"Beehive" Double Knitting or 3-ply Alloa.

Helmets are made as follows:—

Have 4 bone needles, No. 9, pointed at both ends. $\frac{1}{4}$ lb. **Alcoa** or "**Beehive**" **Double Knitting Wool**. *Cast on 25 stitches on one needle, knit the first row plain; second row knit 1, make 1, knit 23, make 1, knit 1; third row knit 1, make 1, knit 25, make 1, knit 1, and go on making 1 at the

beginning and end of every row till you have 45 stitches on the needle, knit **plain** backwards and forwards for $5\frac{1}{2}$ ins. Now take the other two needles and repeat from the beginning (*this is to make the flap for back and front), now join the two flaps and knit round and round, 3 plain and 3 purl for 4 inches. Then place on a piece of string 21 stitches, this should be 4 knit ribs and 3 purl ones. Put the remaining stitches on two needles (it is awkward at first to place them on one only; after working a few inches you can get them on one), leave off ribbing and knit backwards and forwards **quite plainly** for 38 rows; this will be about 4 inches. Now knit 15 stitches, take 2 together and knit to end of row, decreasing once each row until the stitches have been



HELMET WHEN COMPLETED.

reduced to about 42, then knit 9 stitches only, and take 2 together, still decreasing only once in each row till 25 stitches remain. Reduce 4 times in each row till 3 stitches remain. Now resume your 4 pins, take up the loops at the ends of the plain rows, also the 21 stitches on the string, count them round, there should be 114 in all, including the 3 remaining on the pin; if there are too many or too few, take 2 together or make one or two. Next rib round and round as



HELMET AND CHEST PROTECTOR.

you did at first, taking care that your ribs match on to those which were on the string; it is easiest to knit plain the first row till you arrive at those stitches and then commence ribbing. Work thus for $2\frac{1}{2}$ inches. Cast off rather loosely.

Some ladies like to work the helmets by commencing them with the 4 inches of ribbing* for the throat, and after finishing the helmet to add the flaps. To make them in this way, after casting off loosely, as above, take up on a long needle, with a head, half the stitches of the "cast-on" row very loosely for the front flap, and knit PLAINLY backwards and forwards for

$5\frac{1}{2}$ inches, then take 2 together at the end of each row till 25 remain. Cast off. Now take the remaining stitches for the back flap, and work it in exactly the same manner.

* For helmets without flaps the piece of ribbed knitting at the neck should be FIVE inches instead of four inches.

4.—THE UHLAN CAP.

“ This Uhlan Cap—nor Uhlan Cap alone,
But helmet, comforter, and cap in one.”



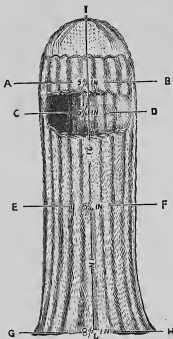
UHLAN, USED AS HELMET AND MUFFLER.

The accompanying illustrations will make clearer than any mere verbal description the force and appropriateness of the couplet, and the annexed working details will enable our readers to utilise their skill in the preparation of this most useful article for winter use:—



"'E WUS WASHED OV'BOARD."

We give two sets of directions for making the cap—the one needing two knitting pins and the other four. Ladies will be able to make their choice.



COMPLETED UHLÁN CAP,
showing dimensions.

FIRST PLAN.

Use Aloa yarn or "Beehive" double knitting and 2 bone needles, size No. 8 or 9.

The Back.

Cast on 15 stitches.

Row 1. — Knit 2, purl 1, knit 4, purl 1, knit 4, purl 1, knit 2.

Row 2. — Purl 2, knit 1, purl 4, knit 1, purl 4, knit 1, purl 2.

Row 3. — Knit 2, purl 1, make 1, knit 4, purl 1, make 1, knit 4, purl 1, make 1, knit 2.

Row 4. — Purl 3, knit 1, make 1, purl 5, knit 1, make 1, purl 5, knit 1, make 1, purl 2.

Row 5. — Knit 3, purl 1, knit 6, purl 1, knit 6, purl 1, knit 3.

Row 6. — Purl 3, knit 1, purl 6, knit 1, purl 6, knit 1, purl 3.

Row 7.—Knit 3, purl 1, make 1, knit 6, purl 1, make 1, knit 6, purl 1, make 1, knit 3.

Row 8.—Purl 4, knit 1, make 1, purl 7, knit 1, make 1, purl 7, knit 1, make 1, purl 3.

Row 9.—Knit 4, purl 1, knit 8, purl 1, knit 8, purl 1, knit 4.

Row 10.—Purl 4, knit 1, purl 8, knit 1, purl 8, knit 1, purl 4.

Row 11.—Knit 4, purl 1, make 1, knit 8, purl 1, make 1, knit 8, purl 1, make 1, knit 4.

Row 12.—Purl 5, knit 1, make 1, purl 9, knit 1, make 1, purl 9, knit 1, make 1, purl 4.

Row 13.—Knit 5, purl 1, knit 10, purl 1, knit 10, purl 1, knit 5.

Row 14.—Purl 5, knit 1, purl 10, knit 1, purl 10, knit 1, purl 5.

Row 15.—Knit 5, purl 1, make 1, knit 10, purl 1, make 1, knit 10, purl 1, make 1, knit 5.

Row 16.—Purl 6, knit 1, make 1, purl 11, knit 1, make 1, purl 11, knit 1, make 1, purl 5.

Row 17.—Knit 6, purl 1, knit 12, purl 1, knit 12, purl 1, knit 6.

Row 18.—Purl 6, knit 1, purl 12, knit 1, purl 12, knit 1, purl 6.

Row 19.—Knit 6, purl 1, make 1, knit 12, purl 1, make 1, knit 12, purl 1, make 1, knit 6.

Row 20.—Purl 7, knit 1, make 1, purl 13, knit 1, make 1, purl 13, knit 1, make 1, purl 6.

Row 21.—Knit 8, purl 1, make 1, knit 14, purl 1, make 1, knit 14, purl 1, make 1, knit 7.

There should now be 48 stitches on needle.

Row 22.—Knit 2, purl 2 to the end of row.

Continue to knit 2, purl 2, till your work measures 21 inches from the top. Cast off very loosely.

The Front.

Knit exactly the same as the back, till your work is $6\frac{1}{2}$ inches long from the top, when the opening for the face must be made. To do this, knit 2, purl 2, knit 2, purl 2, knit 2, cast off 28 stitches, loosely, purl 2, knit 2, to end of row.

Knit and purl these last 10 stitches till 9 rows are done (about 1 inch), which will bring the wool to the inner side; cast on 28 stitches loosely. Break off the wool, leaving an end.

To form the second side of opening, knit and purl the 10 stitches left on needle till 8 rows are done, then join firmly to end of wool, and knit 2, purl 2, to end of row.

Continue to knit 2, purl 2, till your work is the same length as the back. Cast off loosely.

Sew the two pieces together neatly and firmly up the sides, pass a worsted needle through all the stitches at the top of cap, draw up tightly, and sew together firmly.

SECOND PLAN.

Use *Alloa* yarn or "Beehive" Double Knitting and 4 bone needles pointed at both ends, No. 8 or 9.

Cast on 30 stitches—10 on each of three needles.

Rounds 1 and 2.—Knit 4, purl 1, repeat to end of round.

Round 3.—Make 1, knit 4, make 1, purl 1, repeat to end of round.

Rounds 4, 5, 6.—Knit 6, purl 1, repeat to end of round.

Round 7.—Make 1, knit 6, make 1, purl 1, repeat.

Rounds 8, 9, 10.—Knit 8, purl 1, repeat.

Round 11.—Make 1, knit 8, make 1, purl 1, repeat.

Rounds 12, 13, 14.—Knit 10, purl 1, repeat.

Round 15.—Make 1, knit 10, make 1, purl 1, repeat.

Rounds 16, 17, 18.—Knit 12, purl 1, repeat.

Round 19.—Make 1, knit 12, make 1, purl 1, repeat.

Round 20.—Make 1, knit 14, purl 1, repeat.

There should now be 96 stitches on the needles.

Knit 2, purl 2, every round till the work measures exactly 6 inches from the beginning of the cap.

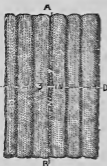
Cast off 30 stitches loosely to make the opening for the

face; knit 2, purl 2, backwards and forwards for 8 rows (about 1 inch). Cast on 80 stitches loosely, and knit 2, purl 2, every round till the total length is 21 inches. Cast off loosely.

Pass a piece of wool through all the stitches of the opening at the top of cap, draw up tightly, and sew together firmly.

5.—MITTENS.

These articles—an illustration of which will be found overleaf—are greatly valued by the men. The oilskins they are compelled to wear, by reason of the



WOOLLEN CUFF, showing dimensions.

incessant wetting with sea water, grow hard and cruel; the wrist, frayed by the oilskin, is scarified, and the salt water, reaching the wound, produces "sea blister," an excessively painful sore. When, however, woollen cuffs or mittens are worn, the "sea blister" is seldom known, and much suffering is consequently avoided.

The mittens, which are greatly preferable to the cuffs (dimensions for the latter are given in the sketch), though

somewhat more difficult and expensive to knit, are made as follows:—

Use "Beehive" Double Knitting or Alloa yarn, and four needles, No. 12. Greys, drabs, and heather mixtures are preferable to wools with bright dyes.

Handbook No 14

Cast on 52 on 3 needles, and knit 2 plain and 2 purl for 36 rounds. This forms the wrist.

Knit 15 plain rounds; then knit the thumb thus:—

Round 1.—Knit 2, make 1, knit 2, make 1, then knit to the end.

Rounds 2 and 3.—Plain.



MITTEN.

From "Beehive" Double Knitting or 3-ply Alloo.

Round 4.—Knit 2, make 1, knit 4, make 1, then knit to the end.

Rounds 5 and 6.—Plain.

Round 7.—Knit 2, make 1, knit 6, make 1, then knit to the end.

Rounds 8 and 9.—Plain.

Round 10.—Knit 2, make 1, knit 8, make 1, then knit to the end.

Rounds 11 and 12.—Plain.

Round 13.—Knit 2, make 1, knit 10, make 1, then knit to the end.

Rounds 14 and 15.—Plain.

Round 16.—Knit 2, make 1, knit 12, make 1, then knit to the end.

Rounds 17 and 18.—Plain.

Round 19.—Knit 2, make 1, knit 14, make 1, then knit to the end.

Rounds 20 and 21.—Plain.

Round 22.—Knit 2, make 1, knit 16, make 1, then knit to the end.

Rounds 23 and 24.—Plain.

Round 25.—Knit 2, make 1, knit 18, make 1, then knit to the end.

Rounds 26 and 27.—Plain.

Round 28.—Knit 2, make 1, knit 20, make 1, then knit to the end.

Rounds 29 and 30.—Plain.

Round 31.—Knit 2, make 1, knit 22, make 1, then knit to the end.

Round 32.—Knit 3, then slip off on a bit of wool 22 stitches, and knit plain the rest of the round.

Then knit 10 rounds plain.

Then knit 10 rounds, 2 plain and 2 purl, and cast off loosely.

Then knit the rest of the thumb thus: Take up the 22 stitches off the wool on to 3 needles, adding 2 more stitches where the opening is, which will make 8 stitches on each needle.

Knit 6 rounds plain.

Then knit 6 rounds, 2 plain and 2 purl, and cast off loosely.

Fasten off the ends.

N.B.—To make a stitch, take up the loop that goes across a stitch and knit it.

LABRADOR NEEDS.

Enquiries often reach the office as to what sort of clothing is required for Labrador, and below we give a list of articles prepared by a member of the Labrador staff, together with his word of "friendly remonstrance" as to things not to send in.

- (1) Old blankets, new blankets, padded quilts—in fact, anything warm in the bedding department.
- (2) Men's outer clothing of every description, including lads' and boys'; these need not be new, but they should be clean and in moderate repair.
- (3) Men's underclothing, also lads' and boys'—stockings, drawers, vests and shirts. Fisherman fashion, it takes three shirts to make one man; we, however, have to be less generous than that. New things last longest! Old garments warmly welcomed.
- (4) Women's and girls' clothing of all descriptions. Articles of a warm nature by far the most useful.
- (5) Children's garments—boys' and girls'—say, from nothing to eight years old.
- (6) Boots! men's boots, boys' boots, women's boots, children's boots—let it be remembered that the men are fishermen, the women the wives and daughters of fishermen, and the children prospective fisherfolk.
- (7) Woollens and wool—odds and ends will be manufactured into garments cheerfully; the fisherman does not mind his guernsey being one of many colours—short lengths might be joined together, lest they go astray.

(8) Anything and everything useful and warm not included in the above summary!

I hope the foregoing will alarm none; those who cannot compete in all the subjects are affectionately invited to specialise in any of the branches.

May I now be permitted to add one word of friendly remonstrance.

Don't send us articles of clothing that do not commend themselves to the donors as being suited to the climate and the character of the intended recipients.

Don't send us old boots, fit only for an honourable place on the retired list.

I trust that the foregoing will be taken in the same kindly spirit in which it is written; and if, as I confidently believe, as a result of this appeal, we are enabled to yet more effectually grapple with the problem awaiting in Labrador, no one will rejoice more heartily than

F. W. W.

6.—WOOLLEN MUFFLERS.

For these, for which the men in the winter are in great need, proceed as follows:—

Two pins, No. 7, and yarn same as for mittens. Cast on about 60 stitches, and knit plain or any fancy pattern. Brioché stitch; make 1, slip 1, knit two together with 2 plain stitches at each side; this is a good pattern.

Mufflers should be made 5 ft. 6 in. to 6 ft. long by 12 to 14 inches wide.

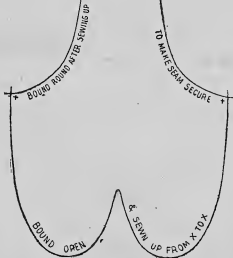
They can also be quickly made in crochet.

7.—SURGICAL BANDAGES, &c.

Old linen and lint are most valuable for dressing wounds, and bandages for the injured are also in constant demand. We append instructions that may be found useful by many of our lady helpers:—

The best sizes for the bandages, which may be of unbleached calico, flannel, linen, webbing, etc., but preferably the first, are as follows: For the fingers, $\frac{3}{4}$ inch wide and 2 yards long; for the arm, $2\frac{1}{2}$ inches wide and 3 to 6 yards long; for the leg, 3 inches wide and 6 to 8 yards long; for the chest, 4 to 5 inches wide and 8 to 12 yards long; for the head, $2\frac{1}{2}$ inches wide and 4 to 6 yards long. Each set of bandages should be distinctly labelled "arm," "head," "finger," etc. To make them, proceed thus:—After tearing off your strips (which must have no selvedge on either side) and getting rid of all loose ravelling threads, roll the bandage up. It is best to begin by curling one end up between thumb and forefinger, to form a foundation round which to roll the remainder. Keep the bandage smooth, and roll it as tightly as your strength will allow, from first to last. This is important. When finished, sew the loose end down. Pins should not be used, as the sea air corrodes the metal and spoils the bandage.

EDGE TURNED UP
BIND LAID FLAT &
STITCHED BOTH EDGES,
ENDS LEFT TO TIE
ROUND WAIST



FINGER STALL.—Scale Half-size.

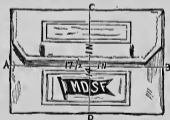
8.—FINGER STALLS.

This diagram (page 25) represents finger-stalls, for which the Mission Surgeons have constant demand.

They are made of the lightest macintosh sheeting (2s. 6d. per yard), and bound with twilled silk binding (2s. 6d. for 36 yards). Messrs. Jevons & Mellor, of Corporation Street, Birmingham, supply the proper kind of sheeting; a yard of sheeting will cut three dozen finger-stalls. A new material, "Impermiette," manufactured by the Liverpool Lint Co., has lately been tested and proved to be more lasting and satisfactory than macintosh. It can be procured from Messrs. Jevons & Mellor and Cox & Co., 99, New Oxford Street, London, W., 40 inches wide, at 2s. per yard. It can be made up without binding, just a double seam (sew first with a tiny seam, then turn other side out and sew again, by hand or machine), and put on tapes at wrist for fastening.

9.—LINEN LIBRARY BAGS.

Ladies who think of making these would do well first to obtain a pattern bag from the office, as



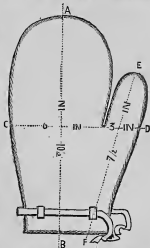
LINEN LIBRARY BAGS.

though the work is simple in itself, it is not easy to

explain in a few words. Dimensions are shown in this sketch. Texts and badges supplied free on application to the offices of the R.N.M.D.S.F.

10.—GLOVES FOR SURGICAL CASES.

The accompanying engraving will serve to show the form and style of these most useful surgical gloves. The actual dimensions are marked in inches. The glove is easily cut in halves from a sheet of waterproof material, and then edged together with stout tape as indicated. In cases of palmar abscesses, whitlows, &c., all very prevalent in the fleet, owing to pricks with poisonous fish-spines, this glove is simply invaluable. The dimensions given for making macintosh gloves and finger stalls (*vide* Rule 8, page 26) are for articles of the maximum size; smaller finger stalls of different sizes are also required.



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